

ISSUE 7

JULY 2026

SCRC

DOCKSIDE

**FORGE
AHEAD.**



SCRC

Henley Island
St. Catharines, ON





St. Catharines Rowing Club brought a strong squad to the Dominion Day Regatta, hosted July 1, 2026 at WIFC North Course in Welland. SCRC fielded 59 entries — the second-largest turnout of the 12 clubs competing, trailing only Argonaut Rowing Club (72 entries).

The results reflected that depth on the water. SCRC crews claimed 30 podium finishes across the day:

- 🥇 13 Gold
- 🥈 11 Silver
- 🥉 6 Bronze

That's a podium in roughly half of all SCRC entries — a great showing across the age and boat classes represented

Thank you to every athlete, coach, and coxswain who represented SCRC, and to the parents, alumni, and volunteers who came out to cheer, drive trailers, and keep things running behind the scenes.

A special thank you to our Parent Committee, who kept athletes fed and fueled all day with snacks and refreshments — that kind of support behind the scenes makes a real difference on race day. Full results are available on RegattaCentral for anyone who wants to dig into individual event placings.



RowOn Masters Championships

On July 12, St. Catharines Rowing Club's Masters athletes travelled to the Welland International Flatwater Centre (North Course) to compete at the 2026 RowOntario Masters Championships. Bringing together Masters rowers from clubs across the province, the annual championship celebrates both high-level competition and lifelong participation in the sport.

SCRC was proudly represented by a talented group of athletes who competed across a variety of boat classes and age categories, demonstrating exceptional teamwork, determination, and sportsmanship throughout the day. The club returned home with an impressive medal haul of six gold, one silver, and one bronze, highlighting the depth and strength of our Masters program.

SCRC crews also saw tremendous success in sweep and sculling events. H. Talbot and E. Crawford raced to gold in the Women's E 2x, while the crew of M. Kerr, J. Lancaster, S. Nichol

and S. Anderson captured the provincial title in the Women's D+ 4+. Another gold medal followed in the Women's C+ 4+, where J. Ptasinski (coxie), E. Crawford, H. Talbot, K. Shewfelt, and K. Costantini delivered an outstanding performance.

The day concluded with a dominant victory in the Women's AA+ 8+, as B. Rosloski (coxie), K. Costantini, M. Kerr, J. Lancaster, S. Anderson, M. Stoutenburg, E. Sharpe, K. Whittard, and R. Lockyer powered to a gold medal. Earlier in the regatta, another SCRC crew of B. Rosloski (coxie), M. Stoutenburg, E. Sharpe, K. Whittard, and R. Lockyer also earned a silver medal in the Women's C+ 4+, adding to the club's impressive medal tally.

Congratulations to all of our Masters athletes for representing St. Catharines Rowing Club with pride. Their commitment, competitive spirit, and support for one another continue to showcase the strength of our Masters program.

WHEN MOTHER NATURE HAS OTHER PLANS

The weekend of July 18–19 brought widespread disruptions across the rowing community as severe weather and wildfire smoke spreading across Canada created unsafe conditions and poor air quality.

The RowOntario Championships Regatta for Senior, U23, and Junior athletes was cancelled, bringing an abrupt end to what should have been a championship weekend after months of preparation and training. Closer to home, the Port Dalhousie 200th Anniversary Celebration was postponed and has been rescheduled for Saturday, August 15. We look forward to taking part in the celebration and showcasing our club then.

South of the border, poor conditions also affected the U.S. National Championships (RowFest), where the Masters racing events did not proceed, leaving many athletes without the opportunity to compete.

While the weekend was disappointing for athletes, volunteers, and organizers alike, the decisions made across all events reflected a shared commitment to putting health and safety first. Here's hoping for calmer waters, cleaner air, and a smoother finish to the summer rowing season.



SCRC TRIVIA NIGHT

A huge thank you to everyone who joined us for the St. Catharines Rowing Club Trivia Night on July 22! Hosted by the SCRC Parent Committee, the event was a fantastic evening of friendly competition, laughter, and community spirit. Alumni Hall was packed with rowers, families, alumni, and friends, making it one of our best-attended social events of the summer.

Beyond bringing our club community together, the evening also highlighted the incredible work of our Parent Committee and the many volunteers who help make the rowing experience even better for our athletes.



Funds raised through the Parent Committee's SCRC merchandise fundraiser are being used directly to support athletes at regattas. Thanks to everyone's generosity, we've already been able to host two BBQs at away regattas and keep our home regatta refueling stations stocked with water, Gatorade, and grab-and-go snacks to help athletes recover and perform their best.



Thank you to everyone who attended Trivia Night, purchased club merchandise, volunteered their time, or supported these fundraising efforts in any way. Your generosity is making a real difference, and we look forward to building on this momentum throughout the rest of the season!

JUNIOR ATHLETES SHINE AT U.S. NATIONAL CHAMPIONSHIPS

The St. Catharines Rowing Club junior team travelled to Ypsilanti, Michigan for RowFest, the U.S. National Championships, where they competed against some of the top junior crews from across North America. Despite challenging conditions throughout the weekend, our athletes delivered an outstanding performance on the national stage.

While the Masters events at RowFest were cancelled due to severe weather and poor air quality, the junior racing proceeded, and SCRC athletes made their mark with an impressive collection of medals and top finishes across the U17 and U19 categories.



U17 Boys

- 4th – U17 Men's 8+
- 3rd (Bronze) – U17 Men's 4+
- 6th – Youth Men's 4x

U19 Boys

- 2nd (Silver) – Youth Men's 8+
- 3rd (Bronze) – Youth Men's 4-
- 8th – Youth Men's 4x



U17 Girls

- 2nd (Silver) – U17 Women's 8+
- 1st (Gold) – U17 Women's 4+
- 8th – Youth Women's 4x

U19 Girls

The U19 women had an exceptional regatta, capturing three national championship titles:

- 1st (Gold) – Youth Women's 8+
- 1st (Gold) – Youth Women's 4-
- 1st (Gold) – Youth Women's 4x

Congratulations to all of our athletes, coaches, and families on an incredible weekend of racing. These results are a testament to the hard work, commitment, and dedication shown throughout the season. We are proud to see the black and gold represented so strongly on the national stage!



WINE FESTIVAL FUNDRIASER

We have an exciting opportunity to raise over \$5,000 for the club simply by providing volunteers to support the Cat's Caboose Wine Festival Concert on Saturday, September 26.

We are looking for Smart Serve Certified volunteers to help with event support. The day will be split into two shifts, and we need 5 volunteers per shift:

-  Shift 1: 2:30 PM – 7:00 PM
-  Shift 2: 7:00 PM – 11:30 PM

This is a fantastic way to support the club, have some fun, and make a big impact through just a few hours of your time. Every volunteer hour helps us continue to provide opportunities and resources for our athletes.

If you are Smart Serve Certified and able to help, please sign up using the by clicking the sign up link on the right.

Thank you for helping us build community, support our athletes, and grow SCRC!

SEPTEMBER 26
VOLUNTEERS
NEEDED

Location:
Cat's Caboose

Time:
2:30pm-7pm
7pm-11:30pm

Smart Serve
qualified would be
a bonus!

SIGN UP →

UPCOMING EVENTS

AT SCRC

Royal Canadian Henley Regatta

When: August 2-9

Where: Martindale Pond, St. Catharines, Ontario

Port Dalhousie 200th Anniversary

When: August 15

Where: Lakeside Park, St. Catharines, Ontario

FISU Rowing Championships

When: August 13 - 15

Where: Fanshawe Lake, London, Ontario

SCRC Wine Concert Fundraiser

When: September 26

Where: Cat's Caboose

HELP US FILL THE DOCKSIDE!

Have photos from a regatta, club event, or practice? Know of an upcoming rowing event, fundraiser, or community activity? Want to recognize an athlete, coach, volunteer, or club member for an accomplishment?

We'd love to feature it in a future edition of Dockside!

The newsletter is a community effort, and your submissions help us celebrate the people and moments that make the St. Catharines Rowing Club such a special place.

Click the link below to submit your photos, event information, announcements, or recognition requests:



Thank you for helping us keep our rowing community informed, connected, and celebrated!